



GUIDELINES & CODE OF CONDUCT

The City of Langley Recreation, Culture & Community Services Department aims to provide residents with opportunities to participate in leisure and wellness activities in a safe, positive environment. As we welcome patrons back into our facilities we have introduced enhanced protocols for disinfection, hygiene and physical distancing to ensure the safety of our staff and patrons. Each visitor to Recreation facilities is expected to behave and act in a manner that respects the rights of others, so that these facilities, programs and services may be enjoyed by all. The following guidelines and expectations will be enforced by all staff in regards to the Timms Community Centre Weight Room.

ADMISSION & ACCESS: Pre-booked sessions

- To ensure physical distancing all fitness classes will be held in the Timms Community Centre Gymnasium
- Pre-registrations are required at least one day in advance. **No drop-ins are permitted at this time.**
- You may book as many classes as you wish. There are no daily limits.
- 48 hours cancellation notice prior to your booked date is required for a refund. Refunds will be credited to customer's account for future use.

Paying with your membership card:

- Current members may book fitness classes in-person or via phone at Timms Community Centre: 604-514-2940 using their membership card for admission (no fee charged). Valid memberships include: monthly, annual and punch cards (10 & 20). Online booking is not available for membership payments. **Memberships are not being renewed or sold at this time.**

Paying with an account credit or credit card:

- Non-members may book sessions online via [RECCONNECT](#).. Search for your desired class(es) and select your dates and times.
- *Please note new members will need to set-up an online account through the City of Langley Reconnect site in order to do online bookings: Langley.ca/register_for_programs.*
- Fitness classes may also be booked in-person or via phone at Timms Community Centre reception 604-514-2940. Please phone ahead to make an appointment if you wish to book in-person.

Paying with cash, debit or cheque

- Fitness classes may be booked in-person at Timms Community Centre or Douglas Recreation Centre reception. Please phone ahead to make an appointment to enter the facility.

Timms Community Centre: 604-514-2940
Douglas Recreation Centre: 604-514-2865

Checking in for Fitness Classes:

- Enter Timms Community Centre through the North Entry **Gymnasium** doors 5-10 minutes prior to class. Underground parking is not open at this time.
- Please go directly into the gymnasium for your scheduled time. Do not check in at reception desk.
- You may be required to show your Recreation Access Card or ID to the fitness instructor.
- Do not arrive early for your session. Patrons will not be permitted to wait in the lobby.
- Exit from the gymnasium through the patio area (West side of Timms) immediately after class.

CLOTHING & PERSONAL ITEMS

- Regular clothing requirements apply. Shirts and closed toe-shoes are required at all times.
- Patrons are asked to come to the facility dressed in work-out attire. Access to changing facilities are limited.
- Please change out of street shoes prior to entering the gymnasium to avoid contamination from soiled footwear.
- Lockers are available in the gymnasium to store personal belongings if needed.
- We encourage you to bring your own towel for personal use.

FOOD & DRINK

- No food is permitted in the gymnasium.
- Non-alcoholic drinks are permitted but must be in non-glass, spill-proof containers with lids.
- Water fountains are not available for use at this time.

PERSONAL HYGIENE

- Anyone showing signs/symptoms of illness will not be permitted into the facility.
- Patrons must wash their hands before and after a workout.
- Patrons will be required to use hand sanitizer upon entry to the gymnasium (provided by facility)

EQUIPMENT HYGIENE

- Minimal equipment will be provided for participants.
 - Please disinfect your equipment before and after use with the disinfectant provided.
 - 2 meters physical distancing between patrons and staff must be maintained at all times.
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