



8-9 Run Route (1.5 km)



- From Transition Area:
- Run **EAST** along the pool sidewalk and fire lane to 207 street;
 - Turn **LEFT** and run **NORTH** on sidewalk to 51B Ave;
 - Turn **LEFT** at 51B Ave and run **WEST** on sidewalk to 206 street;
 - Turn **LEFT** 206 and run **SOUTH** on sidewalk to footpath;
 - Continue **SOUTH** on footpath past playing fields, over bridge and up hill to **FINISH**.

